

HHS LEGACY TRACK AND FIELD RECORDS

BEST PERFORMANCES

VARSITY BOYS

In 1980 Imperial distances (yards) changed to metric distances (meters).

Track Events

100 Yards

Bill Gordon	9.9	1956
Frank Molle	10.0	1954
Gary Schwatz	10.0	1964
Duane Puett	10.1	1957
Ralph Hesterman	10.1	1958
Jim Reale	10.1	1962
Don Winfrey	10.1	1964
Gus Ponder	10.1	1968
Dan Colwell	10.1	1969
Lee Dale	10.1	1969
Glen O'Classen	10.2	1960
Steve Smith	10.2	1962

220 Yards (Straightaway)

Bill Gordon	21.1	1956
Frank Molle	21.8	1954
Gus Ponder	22.2 (W)	1968
Steve Smith	22.3	1962
Duane Puett	22.4	1957
Jim Reale	22.4	1962
Lee Dale	22.4 (W)	1968
Glenn O'Classen	22.7	1960
Mike Kelly	22.6	1962

220 Yards (Curve)

Dan Colwell	22.3	1969
Gus Ponder	22.8	1968
Lee Dale	22.8	1968

440 Yards

Dan Colwell	49.1	1969
Steve Smith	51.0	1963
Mike Kelly	51.1	1962
Stan Schott	51.5	1968
Steve Smith	51.9	1963
Mike Kelly	52.0	1962
Steve Wolfe	52.2	1960
John Eide	52.4	1956
Terry Mazotta	53.0	1964
Frank Molle	53.0	1954
Jeff Stewart	53.0	1968

440 Yards (One Turn)

Dan Colwell	48.6	1970
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880 Yards

Ken Mercurio	1:57.5	1969
Mike Ritchie	1:58.7	1968

Mile	Harold Scott	1:59.0	1965	
	Phil Rose	1:59.3	1970	
	Bob Sellers	2:00.0	1960	
	Ken Mercurio	2:00.0	1968	
	J. B. Schroeder	2:00.6	1964	
	Fred Farrell	2:00.6	1970	
	Craig Cass	2:04.0	1965	
	Paul Mackie	2:04.8	1962	
	Bob Severance	2:05.4	1960	
	Bob Bickers	2:06.3	1960	
	Ron Firey	2:06.5	1962	
	2 Mile	Mike Ritchie	4:27.8	1968
		Charles Perkins	4:29.9	1970
Mike Ritchie		4:32.8	1970	
Ken Mercurio		4:33.2	1968	
Tom Litton		4:37.0	1964	
Bob Sellers		4:37.6	1960	
Bob Bickers		4:38.0	1960	
Rick Sundell		4:38.0	1966	
J. B. Schroeder		4:40.6	1963	
James Clendaniel		4:42.8	1968	
Gary Moore		4:48.2	1955	
Don Moore		4:52.0	1954	
Al Lamb		4:54.3	1962	
120 Yard HH	Kevin McCarthy	9:30.6	1970	
	Charles Perkins	9:32.2	1970	
	Charles Perkins	9:53.8	1969	
	Mike Ritchie	9:55.1	1968	
	James Clendaniel	10:00.2	1968	
	Keith Gardner	10:05.7	1970	
	Phil Rose	10:07.9	1969	
180 Yard LH	Jerry Daquila	15.0	1960	
	Scott Laidlaw	15.0	1970	
	Dennis Carden	15.2	1963	
	Steve Laidlaw	15.2	1969	
	Al Geverink	15.4	1960	
	Lyman Moss	15.5	1959	
	Darrell Ortiz	15.5	1970	
	Ray Cone	15.6	1954	
	John Cordes	15.6	1965	
180 Yard LH	Mike Whitley	19.6	1969	
	Scott Laidlaw	19.7	1970	
	Steve Laidlaw	19.9	1969	
	Jerry Daquila	20.1	1960	
	Harry Wolverton	20.1	1967	
	Dennis Carden	20.3	1970	
	Darrell Ortiz	20.3 (W)	1963	
	Gary Schwarz	20.5	1964	

	Lyman Moss	20.7	1959
	John Cooper	20.8	1957
	Bill Gordon	20.9	1957
	Tim Thomas	21.0	1965
Relay Events			
440 Yard Relay (4 x 110)			
	Mike Whitley, Steve Laidlaw Lee Dale, Dan Colwell	42.7	1969
	___ Williams, Dennis Carden, Alan Arcese, Steve Smith	44.2	1963
	Gus Ponder, Bruce Salisbury, Lee Dale, Stan Schott	44.2	1968
	Steve Emmick, Steve Smith, Mike Kelly, Jim Reale (Tied)	44.6	1962
880 Yard Relay (4 x 220)			
	Steve Emmick, Steve Smith, Mike Kelly, Jim Reale	1:32.1	1962
	Bill Gordon, John Eide, ___ Kemp, Duane Pruett	1:32.2	1957
Mile Relay (4 x 440)			
	Fred Farrell, Don Isaacs, Andy McCann, Dan Colwell	3:27.5	1970
	Stan Schott, Jeff Stewart, Mike Ritchie, Ken Mercurio	3:30.0	1968
	Steve Smith, Paul Mackie, Ron Firey, Mike Kelly	3:38.0	1962
Two Mile Relay (4 x 880)			
	Steve Wolf, Bob Sellers Bob Severance, Bob Bickers	8:23.6	1960
Distance Medley (440, 880, 1320, Mile)			
	Dan Colwell, Fred Farrell, Phil Rose, Kevin McCarthy	10:58.8	1970
	Glenn O'Classen, Bob Severance Bob Sellers, Bob Bickers	11:10.6	1960
Four Mile Relay (4 x 1 Mile)			
	Al Lamb, Paul Mackie, Ed Ramirez, J. B. Schroeder	20:17.3	1962
480 Shuttle Hurdles (4 x 120 LH)			
	Gary Hunter, Lyman Moss Al Geverink, Jerry Daquila	58.0	1960
480 Yard Shuttle Hurdles (4 x 120 L/H)			
	Scott Laidlaw, Mike Whitley, Lee Dale, Steve Laidlaw	59.5	1969
Field Events			
High Jump			
	John Medford	6' 10"	1985
	Romero Guyton	6' 4-1/4"	1990
	Al Geverink	6' 3-1/4"	1960
	Mike Wood	6' 2"	1959
	Tim Gallegos	6' 2"	1976
	Tim Tift	6' 1"	1958
	Tim Tift	6' 5/8"	1958

	John Mitchell	6"	1962
	Tim Thomas	6'	1964
	Gary Duncan	6'	1965
	Bill Hawthorne	6'	1966
	John Wilson	6'	1968
	Scott Laidlaw	6'	1970
3 x High Jump			
	Gary Hunter, Mike Wood, Al Geverink	17' 4"	1960
4 x High Jump			
	Tim Tift, Ron Mix, __ Lyons, __ Robinson	22' 8"	1956
	Ernie Franzen, Bob Howe, Gary Hunter, John Mitchell	22' 4"	1962
Pole Vault			
	Clark Millman	14' 6"	1976
	Bob Skrimshaw	12' 7"	1972
	Don Mulhern	12' 6"	1958
	Art Council	12' 6"	1967
	Ken Dorman	12' 6"	1970
	Jerry Stephens	12'	1961
	Bob Guy	12'	1958
	Allen Werner	11' 8"	1956
	Bob Damon	11' 8"	1964
	Chuck Geserick	11' 6"	1963
	Richard MacDonald	11' 6"	1959
	Art Council	11' 6"	1966
	Wally Sellers	11' 3"	1957
3 x Pole Vault			
	J. Smith, Allen Werner, Don Mulhern	32' 6"	1956
Long Jump			
	Anthony Smith	24' 4-1/2"	1989
	Jeff Lee	23' 11-1/4"	1984
	Anthony Smith (<i>Frosh-Soph</i>)	22' 9-1/2"	1988
	Jerry Schweitzer	22' 3"	1954
	Gary Bickers	22' 2-1/2"	1962
	Gary Bickers	22' 2"	1962
	Damon Parham (<i>Frosh-Soph</i>)	22' 0"	1982
	Gary Bickers	21' 10-1/2"	1962
	Don Winfrey	21' 9-1/2"	1964
	Jim Reale	21' 9"	1960
	Al Geverink	21' 8"	1960
	Ernie Franzen	22"	1962
	Mike Bye	21' 5"	1959
	Bill Gordon	21' 4"	1957
3 x Long Jump			
	Ernie Franzen, Gary Bickers, Jim Reale	60' 5-1/4"	1962
4 x Long Jump			
	Al Arcese, Ernie Franzen Gary Bickers, Jim Reale	80' 11"	1962
Triple Jump			
	Trini Woods	50' 1/2"	1986
Shot Put (12 pound)			

	Dan Dye (State meet)	61' 10-1/2"	1962
	Dan Dye (Dual meet)	59' 5"	1962
	John Nicholson	58' 10-1/2"	1958
	Dan Rice	57' 7-1/4"	1970
	Ron Hagethorn	57' 2"	1957
	John Nicholson	55' 11-3/4"	
	John Hagethorn	54' 7-1/2"	1960
	Gerald Walkley	54' 6"	1957
	Bill Clark	54' 0"	1957
3 x Shot Put			
	Ron Hagethorn, Gerald Walkley, John Nicholson	152' 8"	
4 x Shot Put			
	Sam Davis, Dan Dye Bob Johnson, John Hagethorn	187' 7-5/8"	1960
	John Nicholson, Ron Hagethorn, Gerald Walkley, Bill Clark		1957
BEE BOYS			
Track Events			
100 Yards			
	Glenn O'Classen	10.0	1960
	Jim Reale	10.1	1960
	Bill Gordon	10.2	1955
	Steve Smith	10.3	1961
	Steve Emmick	10.3	1962
	George Sumpter	10.3	1966
	Gus Ponder	10.3	1967
220 Yards (Straightaway)			
	Glenn O'Classen	21.7	1960
	Steve Smith	22.5	1961
	Bill Gordon	22.8	1955
	George Sumpter	23.1	1967
	Steve Emmick	23.1	1962
	Gary Lents	23.1	1966
	George Sampter	23.3	1966
	Jim Reale	23.4	1960
220 Yards (Curve)			
	Stan Schott	23.0	1967
660 Yards			
	Bob Severance	1:25.4	1960
	Ken Mercurio	1:25.9	1968
	Ron Firey	1:26.4	1961
	Paul Mackie	1:27.0	1962
	Andy McCann	1:27.0	1969
	Jeff Stewart	1:27.6	1968
	Tom Hunter	1:28.4	1968
	Rex Butler	1:28.5	1966
	Steve Letham	1:29.2	1964
	Randy Moore	1:30.0	1966
	Mike Serbanic	1:30.7	1962
	Larry Lent	1:31.1	1961

1320 Yards			
	Mike Ritchie	3:07.8	1968
	Mike Ritchie	3:11.3	1968
	Tom Litton	3:17.1	1964
	Paul Mackie	3:19.7	1962
	Ed Strange	3:23.3	1968
	J. B. Schroeder	3:25.0	1962
	Tom Tilford	3:26.7	1961
	Rick Sundell	3:27.0	1965
	Don Moore	3:28.0	1954
	Gary Moore	3:28.1	1955
	J. B. Schroeder	3:26.1	1962
	Tom Litton	3:29.2	1963
	Ernie Nixon	3:31.1	1962
70 Yard HH			
	Dennis Carden	9.0	1963
	Dennis Carden	9.2	1963
	Lyn Acord	9.5	1962
	John Cordes	9.5	1963
	Jerry Daquila	9.6	1958
	John Pool	9.6	1962
	Gary Hunter	9.7	1961
	John McNally	9.9	1957
120 Yard HH			
	Scott Laidlaw	15.5	1969
	Steve Laidlaw	15.7	1968
	Darrell Ortiz	15.7	1970
	Jeff Stewart	16.1	1968
	Greg Armstrong	17.3	1968
	Steve Bullas	17.8	1968
120 Yard LH (39")			
	Steve Laidlaw	13.4	1968
	Scott Laidlaw	13.4	1969
	Mike Whitley	13.5	1968
	Dennis Carden	13.7	1963
	Gary Hunter	13.9	1961
	Jerry Daquila	14.0	1958
	Tim Thomas	14.4	1964
	Lyn Acord	14.5	1962
	Bill Cooper	14.6	1956
	John Pool	14.6	1962
Relay Events			
440 Yard Relay (4 x 110)			
	Bruce Salisbury, Mario Palombo Steve Laidlaw, Lee Dale	45.1	1968
	Howard Duran, ___ Levens, Jim Reale, Glenn O'Classen	45.4	1961
	Ken Umsted, Gary Bickers, Tom Long, Steve Smith	45.4	1961
660 Yard Relay (2 x 110, 2 x 220)			
	___ Coker, Fred Ragatz Jim Reale, Glenn O'Classen	45.4	1961

880 Yard Relay (4 x 220)			
Bruce Salisbury, Mike Whitley Steve Laidlaw, Lee Dale	1:33.7	1968	
Hammon, Schott __ Sumpter, __ Lentz	1:33.7	1968	
Mile Relay (4 x 440)			
Jeff Stewart, Tom Hunter Mike Ritchie, Ken Mercurio	3:32.1	1968	
Ken Umsted, Tom Long, Gary Hunter, Steve Smith	3:39.5	1961	
Jerry Bollin, Paul Mackie, Gary Hunter, Ron Firey	3:40.7	1961	
2 Mile Relay (4 x 880)			
James Clendaniel, Ed Strange Ken Mercurio, Mike Ritchie	8:18.6	1968	
Mike Serbanic, J.B. Schroeder Al Lamb, Paul Mackie	8:37.9	1962	
Distance Medley (2 x 660, 2 x 1320)			
Mike Serbanic, Ernie Nixon Paul Mackie, J. B. Schroeder	10:02.3	1962	
480 H/LH Relay (4 x 120)			
Steve Laidlaw, Robert Bailey Jeff Stewart, Mike Whitley	61.9	1968	
480 LH Relay (4 x 120)			
Newell Endicott, Gary Ritter, Dennis Carden, John Pool	60.6	1962	
Field Events			
High Jump			
Mario Palombo	6' 3-1/4"	1968	
Tim Thomas	6' 2"	1964	
Larry Lyons	5' 10"	1955	
Bill Steiner	5' 10"	1955	
Scott Laidlaw	5' 10"	1969	
Paul Johnson	5' 8 3/4"	1966	
John Pool	5' 8"	1962	
Bill Hawthorne	5' 8"	1965	
Jim Huerta	5' 8"	1967	
John Wilson	5' 8"	1967	
Steve Krauthoff	5' 8"	1968	
3 x High Jump			
Greg Armstrong, David Corwin, Mario Palombo	17' 1-3/4"	1968	
John Pool, Ron Meadows, Dick Shaffer	16' 4"	1962	
Pole Vault			
Don Mulhern	11' 8"	1957	
Bob Guy	11' 6"	1957	
Rick MacDonald	11'	1957	
Wally Sellers	11'	1957	
Chuck Geserick	11'	1962	
Bob Damon	11'	1963	
Art Council	11'	1965	
3 x Pole Vault			
Wally Sellers, Rick McDonald, Don Mulhern	32' 10"	1957	

Long Jump			
	Jerry Schweitzer	21' 8"	1953
	Jim Reale	20' 11"	1960
	Tom Graves	20' 10"	1957
	Gary Bickers	20' 7"	1961
	Tim Thomas	20' 1"	1964
	Richard Watson	20'	1970
	Ken Umsted	19' 10-1/4"	1961
	Jerry Daquila	19' 4-1/2"	1958
3 x Long Jump			
	Gary Bickers, Ty Goodman, Ken Umsted	57' 8-1/2"	1961
Shot Put (10 pound)			
	Gary Atkinson	53' 10-1/2"	1958
	Pat Defuge	51' 2"	1962
	Tom Long	51'	1961
	Paul Lane	50' 2-3/4"	1969
	Bill Warner	49' 10"	1954
	Paul Burbey	49' 10"	1957
	Harry Wolverton	49' 7"	1961
	Pat Defuge	49' 9"	1962
	Al Jardine	49' 1"	1960
3 x Shot Put			
	__ Clement, John Nicholson, __ Burbey	143' 3"	1955
	Ken Thomason, Mike Preble, Pat Defuge	136' 1"	1962
	Tom Long, Pat Defuge, John Moynagh	135' 4 "	1961
CEE BOYS			
Track Events			
100 Yards			
	Paul Dowell	10.3	1954
	Jim Reale	10.3	1959
	Don Hodson	10.3	1999
	Steve Smith	10.5	1960
	Richard Watson	10.5	1970
	Fred Ragatz	10.6	1957
	Steve Emmick	10.6	1961
180 Yards			
	Jim Reale	18.4	1959
	Richard Watson	18.5	1970
	Steve Smith	18.7	1960
	Steve Emmick	19.0	1961
	Ken Umsted	19.2	1960
	Clark Geery	19.3	1966
	David Bray	19.4	1967
	Dennis Byrne	19.4	1969
	Ron Clement	19.5	1954
	Lee Whitehouse	19.5	1963
660 Yards			
	Fred Farrell	1:24.1	1969
	Ken Mercurio	1:26.3	1967
	Andy McCann	1:26.6	1969

	Bob Cruz	1:27.9	1966
	Rex Butler	1:29.4	1963
	Richard Wickline	1:29.9	1969
	Ron Reinholdson	1:30.0	1962
	Andy McCann	1:30.1	
	Phil Rose	1:30.3	
	Mike Thompson	1:30.9	1963
	Bob Hegg	1:31.7	1966
1320 Yards			
	Mike Ritchie	3:10.8	1967
	Ken Mercurio	3:12.3	1967
	Phil Rose	3:16.4	1969
	Fred Farrell	3:18.1	1969
	James Clendaniel	3:18.2	1968
	Charles Perkins	3:20.6	1969
	Charles Perkins	3:28.4	1968
	Fred Parker	3:23.0	1968
	Ed Ramirez	3:26.5	1962
	Tom Tillford	3:26.7	1962
	J. B. Schroeder	3:37.0	1961
	Tom Klingenhagen	3:42.1	1961
	Dick Baumgardner	3:43.9	1962
	Tom Litton	3:44.8	1962
120 Yard LH			
	Fred Ragatz	13.6	1957
	Dennis Byrne	13.7	1969
	Dan Hodson	14.0	1969
	Darrell Ortiz	14.6	1969
	Bill Boyd	14.7	1958
	John Pool	14.7	1961
	Dan Hedson	14.7	1968
	Jin Silva	14.9	1956
	Mike Whitley		
	Dennis Carden	14.8	1961
Relay Events			
440 Yard Relay (4 x 110 Yards)			
	David Bray, Mario Palombo, Steve Laidlaw, Bruce Salisbury	46.2	1967
880 Yard Relay (4 x 220 Yards)			
	Ken Umsted, Larry Lent __ Long, Steve Smith	1:38.6	1960
Mile Relay (4 x 440 Yards)			
	Bruce Salisbury, Mike Ritchie, Mark Morrow, Ken Mercurio	3:40.4	1967
	Dick Dixon, Jim Rosen Ron Reinholdson, Mike Thompson	3:44.4	1962
2 Mile Relay (4 x 880)			
	Andy McCann, Charles Perkins, Phil Rose, Fred Farrell	3:40.4	1967
480 LH (4 x 120)			
	Dennis Byrne, __ Mark, Darrell Ortiz, Dan Hodson	60.1	1969

	Mike Ritchie, Lee Bailey, Ken Mercurio, Steve Laidlaw	61.8	1967
Sprint Medley (110, 220, 440, 660)			
	Leland Whitehouse, Gary Ritter Dick Dixon, Mike Thompson	3:12.2	1962
Medley (220, 440, 660, 1320)			
	David Bray, __ Morrow, Ken Mercurio, Steve Laidlaw	6:20.8	1967
Field Events			
High Jump			
	Mario Palombo	6' 2"	1967
	Steve Krauthoff	5' 9-3/4"	1968
	Tim Thomas	5' 9"	1963
	John Green	5' 8-1/4"	1961
	Mario Palombo	5' 8"	1966
	Scott Laidlaw	5' 7-3/4"	1968
	Al Silva	5' 7"	1956
	Scott Laidlaw	5' 6"	1968
	Paul Johnson	5' 5"	1965
	Nabua Muranaka	5' 3"	1958
3 x High Jump			
	John Green, John Pool, J. B. Schroeder	15' 11"	
Pole Vault			
	Bob Skrimshaw	11' 6"	1970
	Ray Joslyn	11' 1"	1958
	Fred Farrell	11'	1969
	Wally Sellers	10' 8"	1956
	Ken Dorman	10' 6"	1968
	Don Bakos	10' 6"	1970
	Gary Kimbrell	10' 8"	1957
	Chuck Geserick	10' 4"	1961
	Dave Roelen	10'	1954
	Norm Butler	10'	1964
	Art Council	10'	1964
	Dave McBenik	10'	1968
	Ken Dorman	10'	1968
3 x Pole Vault			
	Don Bakos, Joe Rose, Bob Skrimshaw	31' 6"	1970
	Wally Sellers, Gary Kimbrell, __ Guy	28' 4"	1956
Long Jump			
	Anthony Smith	24' 4-1/2"	1989
	Gary Bickers	20' 2-1/2"	1960
	Norm Steiner	20' 2"	1954
	John Green	19' 10-1/2"	1959
	Pat Hammon	19' 6"	1959
	Jim Reale	19'	1959
	Darrell Ortiz	18' 11"	
	Gary Kimbrell	18' 6-3/4"	1958
3 x Long Jump			
	Mark Tabbart, Steve Laidlaw, Bruce Salisbury	56' 4-3/4"	1967
Shot Put (8 pound)			
	Gary Atkinson	53' 11-3/4"	1956

Tom Long	53' 3"	1958
Jerry Edison	49' 11"	1958
Mario Palombo	49' 9"	1967
Pat DeFuge	48' 9"	1968
Rich Sloan	48' 7"	1958
Mario Palombo	46' 3"	1966

3 x Shot Put

Ken Thomason, Mike Preble, Larry Husted	139' 8-1/2"	1961
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HHS METRIC TRACK AND FIELD RECORDS

VARSITY BOYS

Track Events

100 Meters

Henry Thomas	10.25	1985
Henry Thomas	10.27	1984
Curtis Conway	10.42	1989
Robert Carroll	10.51	1987
Chris Alexander	10.68	1989

200 Meters

Henry Thomas	20.69	1985
Henry Thomas	20.77	1984
Michael Marsh	20.82	1985
Curtis Conway	20.89	1989

400 Meters

Henry Thomas	45.09	1985
Travis Hannah	46.48	1988

800 Meters

Greg Vining	1:50.91	1980
Sean Kelly	1:50.94	1985

1600 Meters

Greg Vining	4:17.9	1980
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1 Mile

Greg Vining	4:17.9	1980
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3200 Meters

Kevin McCarthy	9:19.3	1972
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2 Miles

Darrell Cessor	9:19.2	1976
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110 Meter HH

Raymond Young	13.91	1984
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300 Meter IH

Michael Graham	36.56	1985
Raymond Young	36.80	1984
Yki Vallery	36.88	1987
Michael Graham	37.47	

Relay Events

4 x 100 Relay

Chris Alexander, Anthony Smith, Eric Allen, Curtis Conway	40.24	1989
Mike Marsh, Michael Graham, Damon Parnam, Henry Thomas	40.64	1985

4 x 200 Relay			
		1:25.41	1987
		1:26.30	1984
4 x 400 Relay			
	Mike Marsh, Michael Graham, Sean Kelly, Henry Thomas	3:07.40	1985
		3:09.45	1984
4x 100 SHR			
		58.6	1984
Sprint Medley Relay (200, 200, 400, 800)			
	Henry Thomas, Mike Marsh, Michael Graham, Sean Kelly	3:21.15	1985
		3:23.82	1984
Distance Medley Relay (1200, 400, 800, 1600)			
		10:33.0	1985
Field Events			
<i>Included in Varsity records above</i>			
FROSH – SOPH BOYS			
Track Events			
100 Meters			
	Eric Allen	10.79	1989
	Henry Thomas	11.00	1982
200 Meters			
	Eric Allen	21.59	1989
	Travis Hannah	21.94	1986
400 Meters			
	Travis Hannah	47.85	1986
800 Meters			
	Sean Kelly	1:58.2	1982
1600 Meters			
	Greg Vining	4:22.1	1978
3200 Meters			
	Ricardo Rubio	9:59.2	1982
110 Meter HH			
	Damond Smith	14.51	1990
	Marlon Young	15.10	1981
	Raymond Young	15.109	1982
300 Meter IH			
	Damond Smith	37.84	1990
	Kevin Gillespie	41.20	1986
Relay Events			
4 x 100 Relay			
	___ Del Pino, Chris Alexander,	13.02	1986

	___ Sampson, ___ Smith	75.02	1980
4 x 400 Relay			
	___ Thomas, Curtis Conway	3:21.42	1986
	Kevin Gillespie, Travis Hannah		
Field Events			
High Jump			
	Romero Guyton	6' 4-1/4"	1990
	Tim Gallegos	6' 2"	1976
Pole Vault			
	Steve Juillerat	12' 8"	1991
Long Jump			
	Anthony Smith	22' 9-1/2"	1988
	Damon Parham	22' 0"	1982
Triple Jump			
	Travis Hannah	43' 6-3/4"	1986
Shot Put			
	Lance Jackson	55' 3-1/2"	1982
VARSITY GIRLS			
Track Events			
100 Meters			
	Kim Grant	11.65	1984
	Tami Stiles	11.70	1985
200 Meters			
	Tami Stiles	23.56	1985
	Tami Stiles (wind aided)	23.37 (W)	
400 Meters			
	Deanna Amy	54.37	1985
800 Meters			
	Carmelita Dulin	2:14.26	1984
1600 Meters			
	Carmelita Dulin	5:17.20	1984
3200 Meters			
	Voncille Dunn	11:10.44	1984
100 Meter			
	Felicia Price	14.33	1984
300 Meter LH			
	Tamiko White	42.95	1986
Relay Events			
4 x 100 Meter Relay			
		45.11	1985
4 x 200 Meter Relay			
		1:36.87	1985
4 x 400 Meter Relay			
		3:41.21	1985
4 x 1500 Meter Relay			
		19:49.6	1984

Sprint Medley			
		4:07.04	1984
800 Meter Sprint Medley			
		1:42.00	1987
		1:42.44	1986
Dist Medley Relay			
		12:23.57	1984
400 SHR			
		61.8	1986
Field Events			
High Jump			
	Noemi Maldonado	5' 7"	1985
Long Jump			
	Gayle Wadsworth	18' 7-1/2"	1982
Triple Jump			
	Gayle Wadsworth	38' 7"	1982
Shot Put			
	Sulin Fafita	36' 5"	1982
JUNIOR VARSITY GIRLS			
Track Events			
100 Meters			
	Lorna Wellsa	12.70	1984
200 Meters			
	Theresa Thomas	26.06	1982
400 Meters			
	Monique Green	59.90	1983
880 Yards			
	Lourdes Aizpuru	2:23.6	1979
1 Mile			
	Connie Carlson	5:31.1	1984
3200 Meters			
	Dana Bosch	12:02.0	1983
100 Meter LH			
	Illana Mazingo	15.7	1986
300 Meter LH			
		45.42	1986
Relay Events			
4 x 100 Relay			
		50.30	1985
4 x 400 Relay			
		4:09.9	1982
Field Events			

High Jump			
	Jennifer Griffin	5'	1981
	Monica Abrego	5'	1986
Long Jump			
	Tina Calhoun	16' 2-3/4"	1981
Triple Jump			
	Illana Mazingo	34'	1986
Shot Put			
	Sulin Fafita	33' 10"	1981
CROSS COUNTRY 2.9 MILES			
Varsity	Larry Kerns	14.58	1983
Jr. Varsity	Adam Bryan	16.25	1980
Soph	Greg Vining	15.12	1977
Frosh	Steve Paterson	16.06	1979
VARSITY BOYS			
Ocean League Champions		1982 1983 1984 1985 1986	
CIF Champions		1982 1983 1984 1985 1986 1988 1989	
Southern California Champions			1983 1984
California State Champions		1983 1984 1985 1987 1988	
Ocean League Champions		1979 1980 1981 1982 1983 1984	
		1985 1986 1987 1988 1989	